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ALL THE BROS ARE GROWING 'MOS'
MOVEMBER TARGETS CANCER {pages 16}

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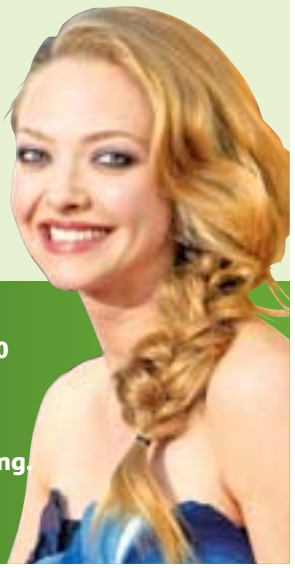

CALGARY metro®
Tuesday, November 2, 2010
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News worth sharing.

▶ San Francisco Giants' Brian Wilson, left, and Buster Posey celebrate after winning Game 5 of the World Series last night in Arlington, Texas. The Giants won the game 3-1 to capture their first World Series title since 1954. Story, page 21.

MATT SLOCUM/THE ASSOCIATED PRESS

Giants' long drought finally ends

Calgarians have their say

Survey reveals traffic, roads are major concerns {page 4}

Midterm season comes to a head

Americans go to polls today to elect a new Congress {page 8}

Lawyer questions murder charge

Premeditation will be difficult to prove in case of man accused of driving into crowd: Lawyer ◐ Man faces other charges, including dangerous driving causing death

The lawyer for a Calgary man accused of driving a pickup truck into a group of people standing outside a bar, killing an 18-year-old, says he's surprised at the charge of first-degree murder.

Jeffrey Kevin Leinen, 24, is alleged to have driven his truck through a group of people after management at the Texas Mickey Bar in Olds, north of Calgary, asked a man to leave early Friday morning.

Nicholas Baier, a student at Olds College, died. Another 19-year-old, who is also a student at the college, was also injured and taken to hospital.

Lawyer Andre Ouellette said the Crown has "way overcharged" Leinen.

Several of Baier's friends, including a witness who was part of the group run down by the pickup, sat at the back of the courtroom as Leinen made a brief court appearance. THE CANADIAN PRESS

JEFF MCINTOSH/THE CANADIAN PRESS

"There have been similar cases where they've tried to charge even second-degree murder and it's generally a case of overcharging."
ANDRE OUELLETTE, DEFENCE LAWYER

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AMVIC LICENSED

Condemned man wins another stay

Lawyers for the only Canadian on U.S. death row have won another stay in the setting of an execution date.

A hearing had been scheduled for this week in Deer Lodge, Mont., to set a new execution date for Ronald Smith, who is originally from Red Deer.

But his lawyer, Greg Jackson, said Montana's attorney general has agreed to stay any proceedings against Smith until an American Civil Liberties Union challenge is heard.

The lawsuit, launched on behalf of Smith, contends that death by lethal injection is unconstitutionally cruel and unusual punishment, but it has been on hold until Montana State Prison finishes the construction of its new death chamber.

THE CANADIAN PRESS

City encourages proper fall cleanup

For those looking to dispose of leaves and pumpkins, the city is recommending Calgarians use paper yard waste bags.

These large, brown bags can be found at most gardening stores and can be easily broken down.

The city has several drop-off spots around the city for leaves and pumpkins, which will be used for compost to enrich the soil in green spaces around the city. The program runs until Nov. 14 and a full list of drop-off locations can be found on www.calgary.ca.

METRO

MIKE GRONDIN/FOR METRO

▶ The ball is dropped during the annual wheelchair hockey game at the Alberta Children's Hospital.

Tigers run streak to 29

Young patients from Alberta Children's Hospital beat members of the Flames, yet again Event 'can really boost' kids' spirits, says parent

MIKE GRONDIN
CALGARY@METRONEWS.CA

The Calgary Flames came up short for the 29th consecutive year yesterday.

Continuing a tradition that began in 1981, and looking for their first victory, the Flames could not score a win — however, they did lift some spirits.

According to Jody Schwartz, senior associate of communications for the Alberta Children's Hospital Foundation, this event promotes a fun time for many children.

"It's all about fun for these kids," said Schwartz.

"It's a nice diversion from all the therapies and treatments the kids are having here at the hospital."

She says the Flames are great contributors to their foundation, as well as leading donors to many children's organizations.

"We're very grateful to the Flames, not just in terms of what they do for the kids, but for their charitable support as well," said Schwartz.

Laurel LeBeau says this event was a great opportunity for her son to play a sport and have a good time.

"Whether they have special needs, disabilities, sickness or injuries, things like this can really boost their spirits."

1 news

Thieves infiltrate Honduras military base to steal plane seized in anti-drug sweep. Scan code for story

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CRIME

Home invasion on Halloween

Calgary police are investigating a home invasion involving gunfire that occurred in the southwest neighbourhood of Somerset late Halloween evening.

At about 8:30 p.m. two armed men broke into the house, located in the 100 block of Somerglen Crescent, at which point they fired shots at the homeowner but missed.

The homeowner, who hid behind the refrigerator door for safety, was able to contact police. The men fled the scene.

Police are still trying to identify and locate suspects.

Contact the Calgary Police Service at 403-428-8787 if you have any information about this crime. METRO

More charges for torture suspect?

The lawyer for a man charged in a gruesome case of alleged torture said his client could face new charges.

Dustin Paxton, 30, is accused of the aggravated assault and forcible confinement of Dustin LaFortune, who was starved, burned, and had parts of his tongue and lips cut off before being dumped at a Regina hospital on April 16.

Paxton, who appeared briefly in Calgary court yesterday, is also charged with forcible confinement and aggravated assault involving a girl.

His lawyer, Jim Lutz, says Paxton may face another "group of charges" involving another victim when he appears in court on Thursday.

Paxton has been found fit to stand trial following a psychiatric exam and Lutz has asked for a trial by judge and jury.

Lutz says the public "isn't stupid" and he's confident going with a jury despite the publicity this case has generated across Canada. THE CANADIAN PRESS

Nenshi's 'trick or treat index'

Mayor Naheed Nenshi was using Twitter and Halloween to gage community involvement Sunday night. "Trick or treat index = fun way of seeing how we're building communities," he tweeted. He asked Calgarians to let him know how many kids visited their homes. METRO

Inmate died of overdose

Autopsy results in the case of a Drumheller inmate found dead in his cell revealed a drug overdose was the cause of death. Shortly after midnight Sunday, Justin Wood, 35, was found by Drumheller staff and was taken to hospital where he was pronounced dead. METRO

Roads, traffic top of mind

In comparison to last year's survey, there was a 9 per cent increase in mentions of infrastructure, traffic and roads Fewer Calgarians cited crime and safety as their No. 1 issue in this year's satisfaction survey

KATIE TURNER
CALGARY@METRONEWS.CA

Calgarians have spoken and traffic, roads and infrastructure remain at the top of the list when it comes to their concerns.

The 2010 Citizen Satisfaction Survey released by the city yesterday showed that while Calgarians said their overall quality of life is increasing, traffic woes remain the dominant issue.

Out of 1,000 Calgarians surveyed, 34 per cent cited "infrastructure/traffic/roads" as the most important issue.

"Getting around the city is something that we all do, and so it's of concern," said city manager Owen Tobert.

"It is going to be a concern that will, I think, occupy anyone's mind who lives in a big city, probably forever."

Tobert said though it is the top issue, the city is working towards improving Calgary roads.

"We've done an awful lot of projects that have been completed over the last little while," Tobert said, mentioning the freeflow along Glenmore Trail and the 16th Avenue corridor.

Marcia Eng, a transportation engineer with Urban Systems, said when it comes to frustrations over road infrastructure, it could come down to miscommunication.

"I think part of it is the communication with the public because a lot of people don't completely understand the plan or what the higher vision is," said Eng. "All they see is constant construction everywhere and they don't know if there's an actual plan."

▶ Calgarians have rated traffic, infrastructure and roads as a top priority on the 2010 Citizen Satisfaction Survey.

Other concerns

- Next to "infrastructure/traffic/roads," Calgarians cited "transit" as the next biggest issue with 24 per cent mentioning it as a concern.
- "Crime/safety/policing" came in at number 3 with 19 per cent voicing their concern.
- "Education" was also mentioned by 11 per cent of those surveyed, though the City of Calgary does not provide this service.

The planets urge you to be generous. Give the horoscope to someone else after you're done.

metro
News worth sharing.

Achieving your investment goals doesn't have to be a full-time job.

By **Steve Geist**
President
CIBC Asset Management

Successful investing is easier than you might think. While the seemingly endless number of investment products can be overwhelming, with just a modest amount you can invest in a professionally managed portfolio tailored to your personal financial situation.

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A key benefit of managed portfolios is the focus on asset allocation, or the process of allocating your investment dollars among the various asset classes to help you diversify your investments and achieve your goals, whether it's the need for income or long-term portfolio growth or a balance of both. This diversification can be among bonds and stocks, and also in Canadian investments and investments from other parts of the world. Proper diversification tends to reduce the volatility – the ups and downs of investment returns in your total portfolio – yet still enables you to benefit from the gains of each asset class when they perform well.

Financial success comes from being diligent in setting aside money and investing that money well. One of the easiest ways to do so is to set up a regular investment plan rather than making one large annual lump sum investment. As contributions are often easier to make on an ongoing basis, a regular investment plan starts to work for you right away by moving you closer towards your goals with each contribution.

When setting up an investment plan and choosing the portfolio that best suits your financial needs, talk to an advisor to help decide upon what approach is best for you.

Most importantly, keep in mind that managed portfolios are effective, low-maintenance solutions that enable you to invest in future financial goals without missing out on the present. CIBC prides itself on being a leader in managed portfolios.

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Mustard Seed vies for $100K

Calgary's Mustard Seed could be collecting $100,000 in funding if voters decide they have the best idea.

The non-profit organization has entered into the Pepsi Refresh Project Good Idea contest with the idea: "Help the formerly homeless become contributing community members."

Courtney Fliss, communications manager at the Mustard Seed, said, "It's such a simple and easy way to actually make a tangible difference ... $100,000 could go such a long way."

Voting opened yesterday and the Mustard Seed is currently ranked 29th for the top idea.

To vote, visit www.refresheverything.ca/mustardseed.

METRO

Police ID deceased pedestrian

The name of a Calgary woman who was killed Sunday morning while walking along a highway was released yesterday.

Candace Dixon, 24, was struck when she was walking just west of the Siksika Nation. Robin Wesley Bigsnake, 26, is charged with impaired driving causing death. METRO

Local Women nix dates

Calgary band Women has cancelled its European tour following an on-stage fight in Victoria.

The four-man group announced they'll be taking a break, and have cancelled dates in Germany, Denmark, Spain and even Edmonton, where they were meant to perform on Saturday. METRO

NCAA player regains feeling in extremities

JACK DEMPSEY/THE ASSOCIATED PRESS

▶ Jesse Martin, an Albertan playing for the University of Denver, suffered three fractures to his neck after being bodychecked during a game on Saturday.

Player 'thought he was paralyzed' after neck-breaking hit, his dad says

An Albertan NCAA hockey player has regained feeling in his arms and legs after having his neck broken by a bodycheck over the weekend.

University of Denver centre Jesse Martin remains in a Minneapolis hospital with three fractures to his C2 vertebrae.

Doctors were expected to perform surgery on the Edmonton native within "24 to 48 hours," his father Terry Martin said late yesterday afternoon.

"He's progressing with movements in his legs and his arms," said Terry Martin. "Feeling is returning back to his fingers and things. So those big ticket items are showing progress ... We're hopeful, guardedly so, but definitely he's on the right side of centre."

The hit

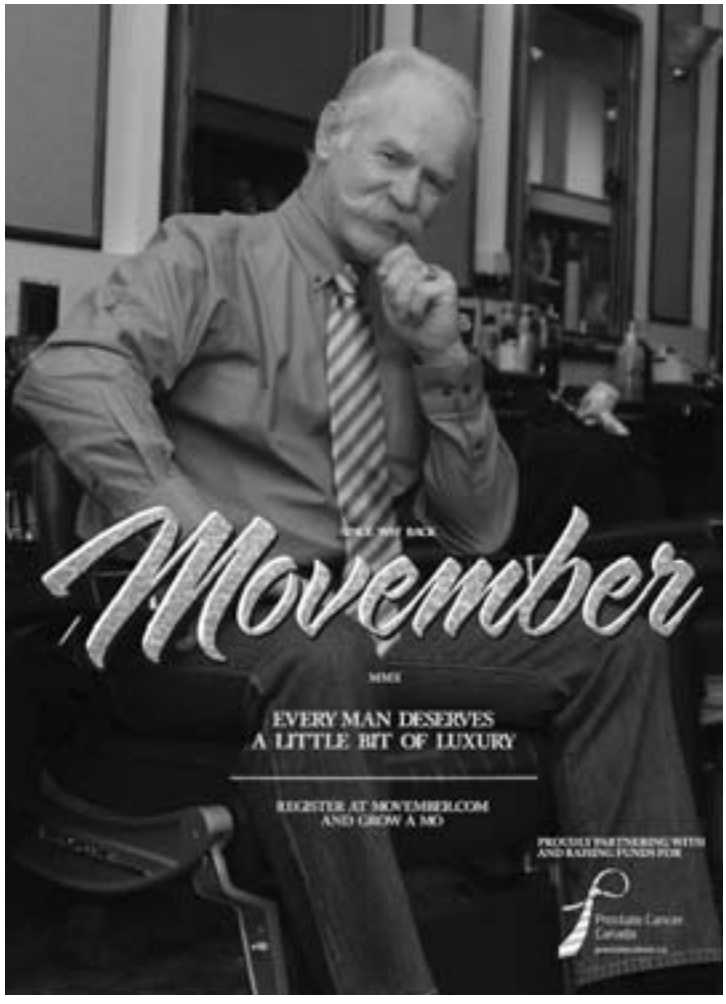
Martin was injured during a road game Saturday against the rival University of North Dakota.

He was carrying the puck with his head down slightly when Fighting Sioux forward Brad Malone hit him straight on with a hard check.

The force of the hit knocked Martin unconscious. He was awoken by a trainer and taken from the ice on a stretcher.

The 22-year-old was fitted with a halo brace to stabilize the head and neck. His father said he was heavily medicated.

THE CANADIAN PRESS



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American voters face two dubious options

U.S. in serious trouble, and both parties lack ideas to fix it: Ex-U.S. comptroller general David Walker

Americans face an unenviable choice today as they vote in this year's hotly anticipated mid-term congressional elections: Casting a ballot for the party that caused much of the financial mess that's left one in 10 U.S. citizens jobless, or choosing the one that has failed to clean it up.

The mid-terms traditionally serve as a referendum on the sitting commander-in-chief's presidency, and that's never more so than this year.

Barack Obama is struggling to deal with the worst economic times to befall the United States since the Great Depression, with the Republicans poised to make huge gains in Congress, thanks to voter outrage over the sluggish economic recovery.

THE CANADIAN PRESS

Red wave

Some Tea Party candidates are expected to benefit from a Republican juggernaut.

- The Republicans are predicted to regain control of the House of Representatives.
- Polls suggest Democrats will manage to hold onto the Senate.

435-36-37

All 435 seats in the House of Representatives are up for grabs, while 37 senators and 36 governors will also have their fates sealed by voters.

CHRIS CARLSON/THE ASSOCIATED PRESS

▶ U.S. Sen. Barbara Boxer, left, a Democrat representing California, and California attorney general and Democratic gubernatorial candidate Jerry Brown arrive for a campaign rally at the Los Angeles Public Central Library yesterday.

Ottawa to tweak immigration levels in 2011

The federal government wants to keep Canada's immigration levels steady next year but change the mix of newcomers, limiting economic immigrants and boosting the number of spouses and children.

In its annual report to Parliament on immigration, the Conservative government says it aims to take in between 240,000 and 265,000 new permanent residents next year.

That's the same target as this year and last.

But Immigration Minister Jason Kenney is looking to cut the economic class of immigrants by about 5,000 people — despite highlighting the growing dependence of the Canadian workforce on immigrant labour.

"Canada's post-recession economy demands a high level of legal immigration to keep our workforce strong," he said in a news release.

DARRYL DYCK/THE CANADIAN PRESS

▶ Immigration Minister Jason Kenney

NDP critic Olivia Chow welcomed the increase in spouses and children, but was disappointed that the increases did not also extend to the parents of immigrants. She said some families are waiting six years to bring their parents over. By keeping immigration levels steady, Kenney is walking a fine line between those who want levels to rise steadily to deal with an expected worker shortage, and those who want to cut back dramatically on newcomers until well after the recession.

THE CANADIAN PRESS

New targets

- Kenney is increasing the target range for spouses and children, to a high of 48,000 — up from 45,000 in 2010, and back to the historical norm.
- He is also expecting the number of refugees to rise, partly because the government has committed to doubling the number it resettles from overseas refugee camps.

Police search for tossed-out baby

Police are searching an area the size of a football field in a Saskatoon landfill for the body of a newborn baby they believe was born to a 17-year-old girl last month.

"We're looking at between four and six feet in depth, that would be about one week's garbage that we have to look through," said police spokeswoman Alyson Edwards.

Police believe that after the teenager gave birth over the Thanksgiving weekend the baby died and the body was put in a garbage container outside the home. THE CANADIAN PRESS

Harper aide promises no conflicts

Prime Minister Stephen Harper's new chief of staff, Nigel Wright, who is on leave from a private equity firm, says he will put up an ethical wall to avoid any potential conflicts of interest.

THE CANADIAN PRESS

TOM HANSON/THE CANADIAN PRESS

▶ Nigel Wright

NASA set to launch first humanoid bot

Space is about to get its first humanoid from planet Earth.

Robonaut 2 — or R2, as it is affectionately known — is hitching a one-way ride to the International Space Station this week aboard the final flight of NASA's space shuttle Discovery.

It's the first humanoid robot ever bound for space, a $2.5-million mechanical and electrical marvel that NASA hopes one day will assist flesh-and-bone astronauts in orbit.

THE ASSOCIATED PRESS

Rousseff: Win paves way for women

Former guerrilla, who was jailed and tortured for three years in the early 1970s, is known as a demanding and skilled manager

Dilma Rousseff is dedicating her victory as Brazil's first female president to the nation's women, saying it paves the way for their daughters to gain more power in government and business in Latin America's largest economy.

"I want to state my first commitment after the elections: to honour Brazil's women so that today's unprecedented result becomes a normal event," said the 62-year-old Rousseff, a former cabinet chief and energy minister. "I would very much like that parents look into their daughters' eyes and say, yes women can."

Rousseff is a career civil servant who has never held elected office, but she easily won Sunday's presidential run-off election.

▶ Brazil's first lady Marisa Leticia Silva, left, hugs Brazil's newly elected leader Dilma Rousseff, at the Alvorada palace, in Brasilia, Brazil, yesterday.

That was thanks to the wholehearted backing of outgoing President Luiz Inacio Lula da Silva, who for decades has been a presence on Brazil's political scene and will leave office as its most popular leader.

Now, the difficult part begins. Rousseff must make good on her campaign promises to continue Silva's programs that have led Brazil to new international economic and political heights. She acknowledged the challenge in her victory speech late Sunday after overcoming centrist rival Jose Serra by winning 56 per cent of the vote against his 44 per cent.

"It's a challenging and difficult task to succeed him, but I will know how to honour his legacy," she said of Silva. "I will know how to advance and consolidate his work."

This is exactly what her supporters and most of the base of the governing Workers Party expect.

THE ASSOCIATED PRESS

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Facebook flap leads to ousting of volunteer

Premier's office declined to comment Ghent stressed she is not a member of any political party

Political discourse in Newfoundland and Labrador hit another low as the government dumped a volunteer who quipped about the premier's penis size on Facebook.

The flap comes just days after Liberal Opposition spin doctor Craig Westcott apologized for an email questioning whether Danny Williams is mentally ill or in the last stages of syphilis.

Rural Development Minister Shawn Skinner said yesterday that Pamela Pardy Ghent was removed from the province's rural secretariat for a status update she posted early Sunday morning on Facebook.

COURTESY CBC NEWS ONLINE

▶ Pamela Pardy Ghent

It said: "Thinking about sending Liz (Elizabeth Matthews, communications director for Williams) an email asking her to disclose the premier's penis size....legit question, right? You know, small man syndrome made it to the psych (psychology) books, didn't it? Besides, what could it hurt? Everyone can take a joke, right?"

Apparently not. Ghent said she got a call Sunday night from a senior rural development official with the provincial government who advised her she was being dismissed.

Ghent's Facebook friends include various provincial cabinet ministers. Yesterday, Skinner confirmed the off-colour posting prompted her ouster.

THE CANADIAN PRESS

BERNADETTE711

Shadows on a ferry

Today's photo of the day is by Canadian Bernadette711 and was submitted in the Everyday Travel category. The photo is titled: Father and son shadows on Smallwood Ferry bound for Port aux Basque, N.L. Enter your photos today and view more pictures at metrophotochallenge.ca.

metro PHOTO CHALLENGE

Measures

Britain announced measures to halt air cargo from Yemen and Somalia.

Yemen cargo banned

Transport Minister Chuck Strahl says Canada is banning air cargo from Yemen. The minister says it was not prompted by any specific threat. THE CANADIAN PRESS

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U.S. incomes drop

Federal Reserve may buy treasury bonds to drive interest rates lower

ORLIN WAGNER/THE ASSOCIATED PRESS

▶ Carrie Warden, manager of The Sconelady's Coffee Shop, paints a sign for their fall coffee sale in Lawrence, Kan.

Americans slowed their spending in September to the weakest pace in three months and their incomes fell for the first time in 14 months.

Personal spending rose at an annual rate of 0.2 per cent in September, the Commerce Department said yesterday. That's below the 0.5 per cent gains recorded in July and August.

Incomes fell 0.1 per cent in September, following a 0.4 per cent rise in August that had been pushed higher by the return of extended unemployment benefits.

The drop in incomes was the first decline since incomes fell 0.3 per cent in July 2009.

The August gain had been skewed by the reinstatement of an extended unemployment benefits program, which had temporarily lapsed in July after Republicans had blocked an extension.

Those extended benefits expire at the end of November. It's unclear if Democrats can muster enough votes to pass one more extension of benefits before the year ends. THE ASSOCIATED PRESS

Signs of trouble

The weak growth in spending and incomes underscored how fragile the American economy remains.

- Consumers facing high unemployment and slow job growth remain reluctant to spend.
- The U.S. government reported Friday that the economy grew at an annual rate of two per cent in the July-September quarter.
- Many economists believe that growth in the current quarter will be little changed from the third quarter.

Market moment

TSX	Dollar	Oil	Natural gas 1,000 cu ft
– 11.43 (12,664.81)	+ 0.4¢ (98.42¢ US)	+ $1.52 US ($82.95 US)	$3.832 (– 20.6 ¢)
			Gold contracts $1,350.60 (– $7.00)

BoC to feel impact of Fed's move

Canadians have as much at stake as Americans in the Federal Reserve's decision this week whether to inject new stimulus into the U.S. economy.

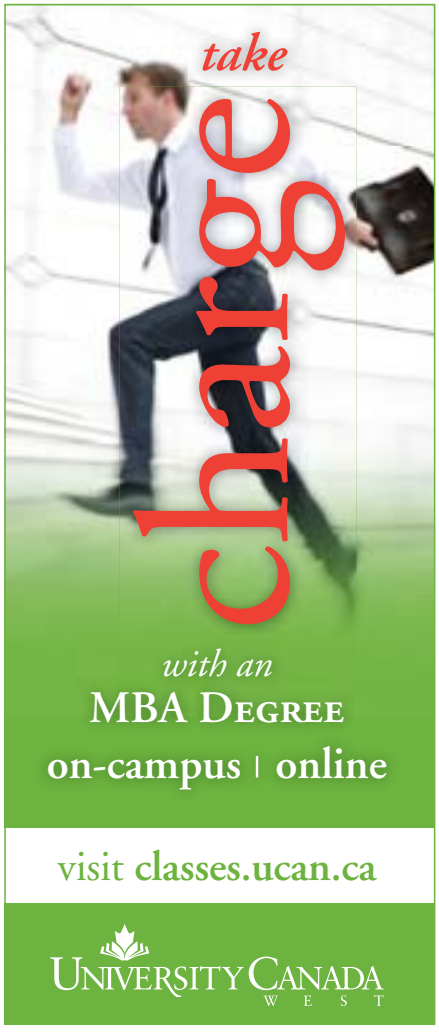
The betting among economists is that the Fed has little choice but to initiate a second round of quantitative easing tomorrow, injecting $500 billion to $2 trillion.

Economists say the move will tie the hands of the Bank of Canada in seeking to normalize interest rates, since it does not want to open a wide canyon with its U.S. counterpart. THE CANADIAN PRESS

Allstream and Mobilicity team up

Allstream has signed a three-year contract with Mobilicity to provide infrastructure service for the new cellphone company for its coverage zones in Toronto, Ottawa, Edmonton, Calgary and Vancouver.

Toronto-based Mobilicty will use Allstream's Internet Protocol network as part of its own network infrastructure. THE CANADIAN PRESS



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I LOOKED AT A GIRL ... AND LIKED IT

She says ...

JESSICA NAPIER

A couple weeks ago, I spotted her at a too-hip-for-me restaurant. I instantly felt flustered and had to whisper an awkward explanation to my confused dinner companion. Look at her! Her hair is the best and that dress is so cute and she's in interior design and, Oh my God, did you see her shoes?

Luckily, my friend understood; we've all experienced that totally irrational nervousness around a girl crush at one point or another.

Let me clarify, I'm not rethinking my sexuality. I have a girl crush and my feelings are very platonic; it's a decidedly non-sexual appreciation.

A 2005 New York Times article on the subject of girl crushes describes the phenomenon as the "fervent infatuation that one heterosexual woman develops for another woman who may seem impossibly sophisticated, gifted, beautiful or accomplished."

That sounds about right.

"Girl crushes are those fantastic femmes we put up on a pedestal because they're just so unbelievably cool."

Girl crushes are those fantastic femmes we put up on a pedestal because they're just so unbelievably cool. They are the women that design jewelry as a career, never have a bad hair day and can actually wear an on-trend jumpsuit without looking like a plumber.

Evidently, I've fallen pretty hard for my own same-sex object of desire. But it's totally harmless and not at all creepy (I promise). I don't want to get with her; I just want to hang out, maybe borrow some of her clothes.

The best girl crushes aren't close friends (that's just weird) but someone to admire from afar. Celebrities are common subjects for girl-crushing, but personally I am much more likely to develop a thing for a friend of a friend, a girl who rides the bus with me, or (dare I say it) a stranger I stumble upon while browsing a long-lost classmate's Facebook profile.

Let's reiterate — I swear this isn't creepy.

Funnily enough, my boyfriend usually offers a pretty lacklustre response when I point out a girl that I think is oh-so-awesome. While you might assume he's just trying to be diplomatic, this actually makes a lot of sense. Girl crushes are Girl Hot rather than Guy Hot. Trust me, there's a difference. Megan Fox is Guy Hot, Alexa Chung is Girl Hot.

Women become enamoured with women who are funky, stylish and successful while men tend to worship … well, body parts.

Read more of Jessica Napier's columns at metronews.ca/shesays

Cartoon

MICHAEL DE ADDER

Calculators working OT

Worth mentioning

China kicked off a once-a-decade census yesterday, a whirlwind 10-day head count that sees six million census takers scrutinize apartment blocks, scour migrant areas and scan rural villages to document massive demographic changes in the world's most populous country.

The 2000 tally put China's official population at 1.295 billion people, but missed migrant workers living in cities for less than six months. In the 10 years since, there has been an extensive shift in the population base as tens of millions of migrant workers have poured into urban areas looking for work.

It is the sixth time China has carried out a national census, but the first time it will count people where they live and not where their resident certificate, or hukou, is legally registered. The change will better track the demographic changes and find the true size of China's giant cities, the populations of which up to now have been only estimates.

There have been no published predictions on how much China's population has grown in the last decade, but if it grew by just one per cent per year, that would be an addition of 130 million people — or nearly half the population of the U.S. — in just 10 years. THE ASSOCIATED PRESS

One, two ...

THE ASSOCIATED PRESS

Is American politics more interesting than Canadian politics? Why?

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Softcore Hard Edge

Looking for something to do today in Calgary? If you have a few spare minutes, head over to the Art Gallery of Calgary to check out the Softcore Hard Edge exhibit.

This show features 18 artists from Calgary and Los Angeles and their artwork shows the similarities between art created in two different cities. Softcore Hard Edge is co-curated by Marianne Elder, Calgary's senior art curator, and David Pagel, art critic for the Los Angeles Times. The exhibit opened in September and will run until Jan. 22, 2011, before heading to Los Angeles. The gallery is located at 117–8th Ave. SW and is open from 10 a.m. to 5 p.m.

KATIE TURNER

WWW.ARTGALLERYCALGARY.ORG

▶ The Art Gallery of Calgary is hosting Softcore Hard Edge.

2 scene

Canuck comic gets candid

- Russell Peters opens up in a new memoir, but omits some racy tales
- Upcoming projects include Green Card Tour in U.S., Breakaway film

KEITH BEATY

▶ Russell Peters is releasing his autobiography today.

Outspoken Canadian comedian Russell Peters says he didn't want to hide anything when crafting his new memoir, Call Me Russell, out this week.

But when his wife, Monica Diaz, read an early draft that mentioned the wild sexual romps he'd experienced during his rise to fame, she grew upset and so he snipped some of the titillating tales.

"There was another version and my wife read it and started crying," the Brampton, Ont.-raised comic — who married Diaz in August and is expecting a child with her in February — admitted in a recent interview.

"I didn't think anything great would happen in my life... I don't know what happened but here we are, 21 years later, and I've got a book out."
RUSSELL PETERS

"I was like, 'This was before you,' and she was like, 'Ya, but I didn't need to see it, I didn't need to know about it,' and I'm like, 'I'll fix it.' So we scaled it back and you've got the very abbreviated version of it."

Peters says he also decided not to write about a couple of unsavoury characters he's encountered.

"There's a guy that has stolen material from me; I didn't want to put his name in the book," he said.

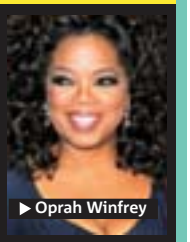
"There's a guy who's a complete sociopath who's obsessed with me — he's threatening all kinds of stuff — and I won't give him any ink. He doesn't deserve it."

Still, Peters is candid in the book, opening up about his attention deficit disorder and being bullied as a child, expressing disappointment with some of his onstage performances, and revealing that some of his TV-development deals haven't panned out because producers wanted him to "act more Indian."

He also writes that he received death threats over his "Toronto Maple Sikhs" joke that he no longer performs, and that he sold drugs for a brief period as a teen.

Call Me Russell is also an inspirational story about how Peters, 40, rose to fame with an ethnically charged brand of humour that has sold out arenas from London to Sydney to Los Angeles.
THE CANADIAN PRESS

Oprah TV



▶ Oprah Winfrey

Oprah Winfrey's new network is planning series on two pairs of entertainers with complicated lives: country music stars the Judds and actor Ryan O'Neal and daughter Tatum.

The OWN network says both shows will appear sometime next year, along with a new makeover show starring Carson Kressley of Queer Eye for the Straight Guy.

OWN will flicker to life at noon on New Year's Day with a special explaining what the network is going to be about.
THE ASSOCIATED PRESS

Special operatives steal the show as Medal of Honor takes flight to Afghanistan.

Lil Wayne redefines stardom behind bars

STEVE NESIUS/AP PHOTO

▶ Lil Wayne

He had the top-selling album in the country earlier this month. He's on the president's iPod. He's on the charts with two singles and a collaboration on a third. He's on Facebook with updates for the more than 14 million people following them. He is, in every respect, on.

By the way, Lil Wayne is in jail. But his public persona is anything but locked away.

The rapper, who's on track to be released Thursday after serving eight months in a gun case, is the first artist in 15 years to release a No. 1 album on the Billboard 200 chart while serving a sentence. I Am Not a Human Being spent a week in the top slot and has sold more than 323,000 copies since its Sept. 27 release, according to Nielsen SoundScan.

It's hardly a coveted distinction. But it is both a reflection of Lil Wayne's popularity — he went to jail a multiplatinum-selling Grammy Award winner — and a result of astute manoeuvring in the multimedia landscape.

"The challenge was to make sure you feel like he never left," says Bryan (Birdman) Williams, the Cash Money Records co-founder who has fostered Lil Wayne's career since his teens. **THE ASSOCIATED PRESS**

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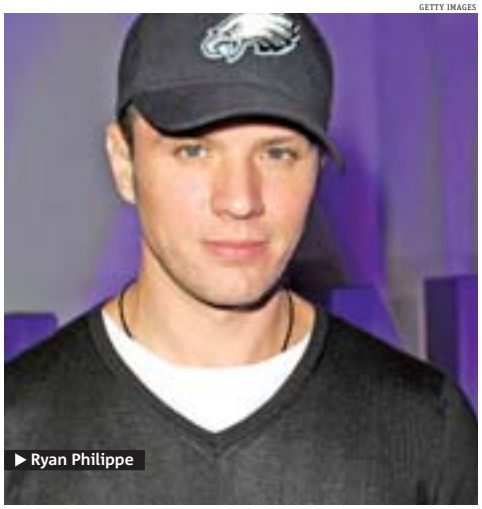
Is it puppy love for Ryan and Amanda?

GETTY IMAGES



▶ Ryan Philippe

GETTY IMAGES

▶ Amanda Seyfried

Though they claim to just be friends, actress Amanda Seyfried and actor Ryan Phillippe are turning heads in Hollywood after being spotted leaving Kate Hudson's star-studded Halloween party together, according to Radar Online.

Philippe did his best to dodge photographers by shielding his face, but Seyfried's elaborate puppy dog costume made the actress pretty easy to spot. METRO

Talking points

Not a divorce, Cox insists

SIMPLY A SPLIT. Despite her separation from husband David Arquette, Courteney Cox insists divorce is not in the cards.

"Sometimes you just realize, 'Wow, we actually have grown apart,'" she tells TV Week. "I don't know what will happen, but this is not like we're getting divorced. This a separation." METRO

Honeymoon hurts for Katy

THIS BITES. Russell Brand and Katy Perry's honeymoon might not be living up to expectations, as a nasty spider bite Perry received during the first few days has made things uncomfortable, according to Grazia. The couple is travelling in the Maldives. METRO

Celebrity tweets

Stephen Fry is leaving Twitter after being misquoted, Pink isn't impressed, Ashton Kutcher ponders and Steve Martin entertains...

Stephen Fry [@stephenfry] Bye bye

Pink [@pink] Passive aggressive twittering is lame. Kinda sucks. How old are we?

Ashton Kutcher [@aplusk] How much of our success do you think is built on gut intuition?

Steve Martin [@SteveMartinToGo] If you're bored, you might prefer a tweet that is seventy-nine characters long. METRO

"MESMERIZING... NEVER LESS THAN SPELLBINDING" - The New York Times
"THE MOST VISCERAL, INTENSE, AFFECTING WAR FOOTAGE EVER COMMITTED TO FILM." - Chicago Tribune
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3 life

Famous 'staches

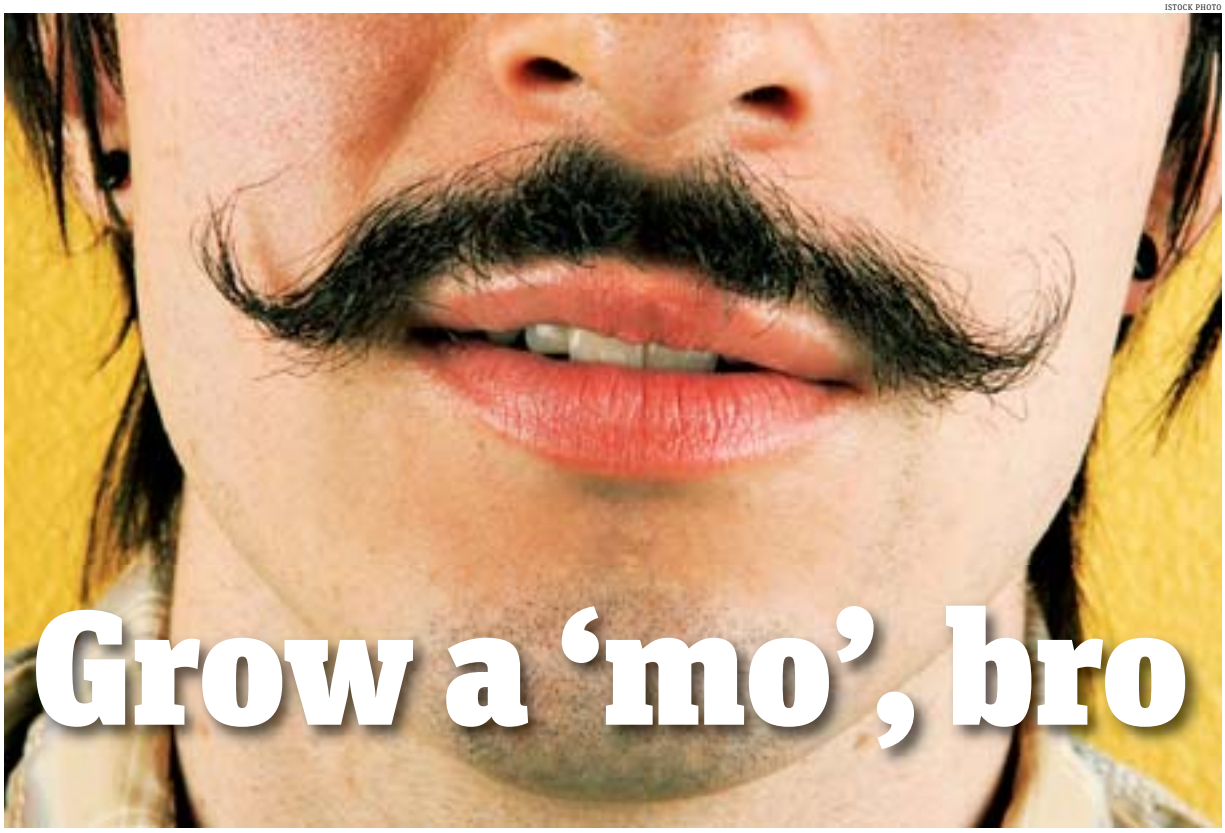
Salvador Dali knew a good 'stache when he saw one. These guys did too:

Burt Reynolds
Mark Spitz
Lanny MacDonald
George Harrison
Tom Selleck
Charlie Chaplin
Borat
Albert Einstein
Colonel Sanders
Freddie Mercury
Hulk Hogan
Friedrich Nietzche
Jimi Hendrix
Richard Pryor

CELIA MILNE

Cancer survivor wraps up a 25-day stint in only his underwear for a good cause

ISTOCK PHOTO



Grow a 'mo', bro

Movember moustaches raise awareness of prostate cancer Last year, more than 35,000 Canadians participated, and raised $7.8 million

CELIA MILNE
WELLNESS@METRONEWS.CA

Does the guy beside you have scruff on his upper lip?

Good for him!

He may be a "growing a mo" for Movember — to raise awareness of and funds for prostate cancer.

It's not too late to start. Go to movember.com and register, either alone or as a team.

"Grow a moustache," says Peter Bombaci, a 44-year-old marketing consultant and chair of the Toronto Movember committee. "The cheesier and more outlandish it is, the better the conversation."

This is the fourth year for Movember in Canada.

Last year, more than 35,000 Canadians participated, and raised $7.8 million.

This year is expected to be even better.

"Men need to put their egos away and create a conversation that isn't easy," says Bombaci.

"When my buddies say, 'What's that on your face?' I explain that I'm growing a moustache to raise awareness and funds for prostate cancer, and the conversation turns from a joke to guys talking about their health."

"Grow a moustache. The cheesier and more outlandish it is, the better the conversation."
PETER BOMBACI

The idea for Movember began in 2003 just as many guys' brainstorms do — over a few beers.

A group of men in Australia — inspired by the women around them who were raising money for breast cancer — decided to grow moustaches to help raise awareness of prostate cancer.

Now, the campaign has spread to Canada, the U.S., the U.K., New Zealand, Ireland, Spain, South Africa, the Netherlands and Finland.

Funds raised here go directly to Prostate Cancer Canada for better screening, new treatments and support for men with prostate cancer.

Among those participating are Wendel Clark, Lanny MacDonald, and Brian Stemmle.

Prostate cancer

What is a prostate? Should I have mine tested?

- **Stats** Prostate cancer in men is about as common as breast cancer is in women: there will be about 24,600 new cases in Canada in 2010.
- **Survival rates** About 95 per cent of the men who are diagnosed with prostate cancer are still alive after five years.
- **Deaths** Approximately 4,300 Canadian men die of prostate cancer each year.
- **Screening** Finding out early is key to survival. So, talk to your doctor about whether screening is a good idea.

CELIA MILNE

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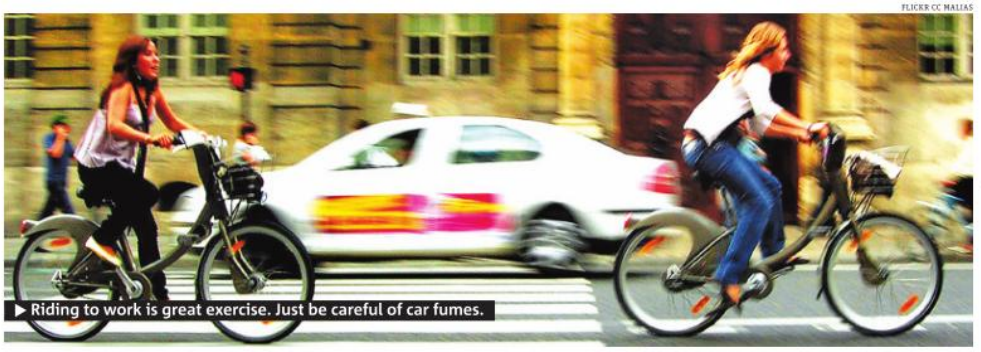

▶ Riding to work is great exercise. Just be careful of car fumes.

The highs and lows of city life

You're living in the concrete jungle But will spending your days in the city leave you feeling slick, or sick? How to navigate the city streets

ROMINA McGUINNESS
WELLNESS@METRONEWS.CA
METRO WORLD NEWS IN LONDON

Metro speaks to New York City-based nutritionist and health expert Lisa Drayer to find out more about how living the urban life can be a buzz ... or a bit of a buzzkill to your mental and physical well-being.

COMMUTE

High and lows: Seats on the bus and the subway accumulate and trap dirt, while hand bars and railings don't exactly get disinfected every hour.

And most big cities suffer from pollution, so an outdoor commute — such as riding your bike, or walking to a subway station — will expose you to car fumes.

Don't get me wrong: walking (one hour can burn up to 200 calories) or riding into work is an excellent way to fit exercise into your daily routine. But...

The solution: Try wearing a protective mask when on your bike, and look for quiet routes, avoiding rush hour. And carry hand sanitizer to get rid of subway germs.

FITNESS

High and lows: We can easily stick to going from our beds to the shower to the office. We hustle but we are not always actively physical.

The solution: Walk or ride a bike to work, choose the stairs over the elevator and if you're on the bus or subway, get off one stop early and walk the rest of the way.

At the office, walk over to someone's desk rather than sending them an email—the more you move, the more you burn.

"Cities rarely get quiet even when it's the middle of the night. There's always commotion."
NUTRITIONIST AND HEALTH EXPERT LISA DRAYER

NOISE

Highs and lows: Cities rarely get quiet even when it's the middle of the night. Cars honk, buses and cars backfire, pedestrians scream half-drunk — there is always some sort of commotion that could trigger a headache.

Late-night action can be a good thing when you need a pint of milk at 3 a.m. or take a night bus home after a party. But you won't get your beauty sleep.

The solution: Grab your MP3 player, plug in the headphones and listen to music as you drift off. Quiet, soothing music, of course.

SLEEP

Highs and lows: Late nights spent glued to our desks writing up a business proposal (or, um, scanning Facebook), with a hectic social life on the side, means most of us don't sleep the recommended eight hours a night.

The solution: Limit evening phone calls and weekday dinners, saving them for Saturdays and Sunday, when you have more free time.

Nutrition

Highs and lows: Meetings, deadlines, video calls... little time means we grab the first thing we fancy to chew on the go.

The solution: Go for the healthier option such as salad bars or fruits.

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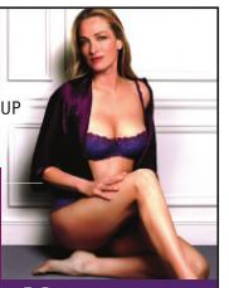

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Time to chill out on a chilly night

PETER ROCKWELL
LIQUIDASSETS@EASTLINK.CA

If I needed any reminding that it's fall the sound of my electric baseboard heaters coming to life when I finally turned up the thermostats around the Rockwell mansion last weekend brought it all home.

As the days (and nights) get colder I warm to fuller-bodied red wines: Those that offer stick-to-your-ribs goodness without sacrificing any nuance. One of the best of that genre is Amarone.

Produced from dried grapes in Italy's Veneto province, Amarone is a dry (its sweeter sister is called Recioto) wine with a high alcohol level; and though it's certainly food worthy (think complex meaty dishes) its best served with strongly flavoured cheeses like Gorgonzola and Parmigiano-Reggiano or with nothing but good conversation while chillin' on a chilly evening.

Cantina di Negrar's 2006 Amarone della Valpolicella Classico ($34.95 - $39.99) is a bright, mouth-filler that balances the booze with a ripe, rounded burst of plum and light raisiny fruit.

But don't think you should only pick a muscle-bound red for fall drinking. While Negrar's 2009 Valpolicella Classico (1500 ml, $16.95 - $20.99) is at the other end of the spectrum from Amarone; it's soft, grapy flavour (that's perfect with pizza) still shows hints of the big gun's rustic charm.

Prices reflect the range across the country. Some products may not be available in all provinces.

Peter Rockwell is the everyman's wine writer, working in the liquor industry for more than 25 years.

NATE PADAVICK/THE ASSOCIATED PRESS

▶ This illustration shows a wheatberry pilaf recipe by Nate Padavick and Sarah Cowles from TheyDrawandCook.com.

Sketchbooks and spatulas unite

Turns out plenty of people are as handy with a spatula as with a sketchbook.

Call them culinary artists. They are the contributors to the increasingly popular recipe blog TheyDrawandCook.com, a site that reimagines basic recipes as artful illustrations drawn with a whimsically homey touch.

So far, the site, launched in February, has drawn hundreds of submissions, spawned a kids page and is on its way to becoming a book, scheduled to come out next year.

But it began with much humbler ambitions, says co-founder Salli Swindell.

"It was really just started out of pure, 'This will be fun,'" she said. "I think it's kind of stayed that way."

The genesis for the site came from a meal Swindell's brother, Nate Padavick, cooked during a family vacation. He was recreating a fig pasta dish he'd had in Berlin and when Swindell saw the figs she was inspired to get out the watercolours, then scan the finished painting into the computer.

"I thought, 'I love illustrating food! What have I been doing all these years?'"

THEYDRAWNADCOOK.COM'S SALLI SWINDELL

"I thought, 'I love illustrating food! What have I been doing all these years?'" recalled Swindell, who has worked as a magazine illustrator and for a greeting card company and now runs an online design studio with Padavick.

The first thought was to work with other artists to create a self-published book that could be given as gifts. But delays in getting some of the art turned to frustration. So instead the project turned into a blog. Then it started getting noticed.

First, came a big following from people in Brazil. Then the blog caught the attention of illustrators in England. "Once you're with those London illustrators, oh my gosh," said Swindell.

The original point of the blog was to provide a platform for illustrators to show off their chops, while showing off their, well, chops. But it also has generated an interesting conversation about food media — that food illustrations might engage people in a way that increasingly slick food photography may not.

"I read a lot of food blogs — there's just a sameness to the visuals," said Janice Gregg of Philadelphia, who blogs about food, culture and technology.

Technological advances have made the close-up, deeply saturated food photo to easier to get and they can be beautiful, she said. But "to me, it's just sort of a little bit of a break on the eyes not to be looking at all that photography."

THE ASSOCIATED PRESS

Far reaching

- Illustrations on They Draw and Cook range from fairy-tale whimsy and cute critters cooking in aprons to bold graphics. A watercolour recipe rendering of moules frites by Hannah Clark, an English contributor, is a symphony of blues and yellows.
- A recent contributor to the blog was Sean Ingvard Ashby of Edmond, Okla., who submitted an illustrated recipe for Danish pancake balls.
- As an illustrator, Ashby liked the pictorial focus of the blog as well as the fact that it presents a relatively narrow sliver of the food world. "There was something kind of nice, I thought, in that this was fairly specialized. It was just one simple concept."

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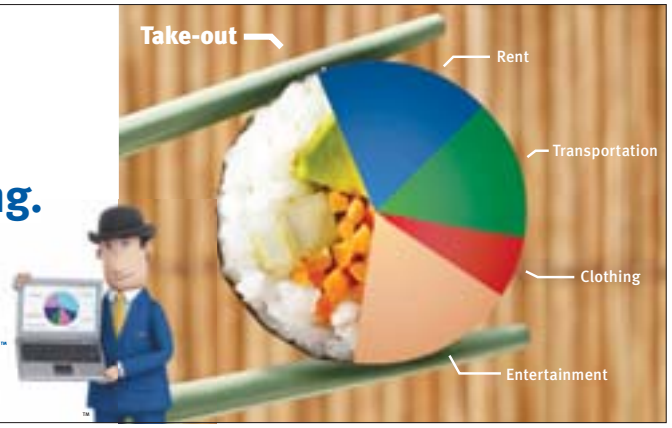

HUSBAND LACKS DESIRE FOR DESIGN

Smug Marrieds

ANGELA PACIENZA & DEREK CHEZZI
2FORCOUPLES.COM
TWITTER: @SMUGMARRIEDS

Q: I want to redecorate my home, but my husband has no opinion on anything—from paint colours to lamps and furniture. How do I get him involved?

Angela says ...

Paint a wall pink and see if he has an opinion. But seriously, if he's not interested, he's not interested. Some husbands genuinely don't care, or trust their wives enough that she'll know not to choose pink. Heck, some girls don't care if the wall is stone, stonewall or weathered stone (myself included). I'm also indifferent when my husband goes on and on about how many pixels our TV should have. I figure since I don't really care, he can make that decision on his own.

Derek says ...

Let's be honest, how involved do you really want your husband in this process? Decorating together invariably ends with one person in tears, sometimes both. You can drag him with you on your shopping trips to Bouclair, but he'll only be marginally engaged at best. When it comes to choosing paint colours and fabric, present him with two or three options, highlight your favourite and he'll nod approval. If you want him to express a bit of enthusiasm, make sure to include pit stops at Best Buy and the Sony Store during your Saturday afternoon excursions. Everybody wins.

LOVE ON THE SOCIAL NETWORK

Names: Leisha, 29, and Byron, 36
Hometown: Surrey, B.C.

Together since: 2007

Their story:

How We Met: Leisha & Byron

▶ Leisha and Byron

"I (Byron) first saw Leisha while I was waiting in line at a Granville (B.C.) nightclub. I noticed an attractive women standing with friends in the bar, but I was with a big group that night and really wasn't looking to find true love.

"Then a girl approached me and asked me to talk to her friend. I was hesitant at first, but then I realized that the girl's friend was Leisha — the same attractive woman I'd spotted earlier. I introduced myself, but my words got a little jumbled, so I told her to look me up on Facebook. Yes — Facebook! I was new to the social networking scene and decided to throw it out there. A few weeks passed and I hadn't heard anything from Leisha. I assumed she wasn't interested. I even remember telling my roommate, 'I think I lost my future wife.' But then one day I received a Facebook message from Leisha. We chatted online for a few more weeks and then decided to meet for lunch. It was the best lunch date ever! The conversations and chemistry were so easy and relaxed. Leisha and I got married earlier this year at the UBC Boathouse in Richmond, B.C."

WE WANT TO KNOW

HOW YOU MET! GO TO 2FORCOUPLES.COM NOW TO SUBMIT YOUR LOVE STORY.

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metro

Photo courtesy of Julie Lefebvre, France, Metro Photo Challenge Local Finalist 2009.

metro PHOTO CHALLENGE

DISTRIBUTION AUDITOR

Metro Calgary is seeking a full-time Distribution Auditor to be a part of our local team.

Reporting initially to the Publisher (and then to the Distribution Manager), this candidate will possess an understanding of distribution concepts and procedures and should be able to analyze operations for efficiency and accuracy.

PRIMARY RESPONSIBILITIES:

- Review all distribution locations within the city (boxes and dealers) for accuracy and quality
- Review the procedures and efficacy of our distribution contractors and hand-promoters, ensuring they are adhering to Metro's policies.
- Seek and implement new distribution opportunities and locations within the general area

REQUIREMENTS OF THE POSITION:

- Knowledge of distribution strategies for news/print media preferred
- Strong reporting skills using Microsoft Word and Microsoft Excel
- Strong computer and email skills
- Excellent communication skills
- Ability to work at irregular hours (some evening work required)
- Assertive self-starter with own vehicle
- An adequate team player with an adaptable attitude

Individuals interested and having the skills described are requested to submit their resume and cover letter via email to hr@metronews.ca no later than November 15, 2010. PLEASE QUOTE: "DISTRIBUTION AUDITOR - CALGARY" in the subject line. All submissions will be treated as confidential.

metro

Fun and Frugal

LESLEY SCORGIE
MONEY@METRONEWS.CA

LEARN HOW TO TRAVEL SMART

Whether you're hitting the beach or chillin' in Amsterdam, you can enjoy your travel experience on a limited budget. Develop a budget before you take off – not a repayment plan for after. Save in advance by automatically transferring money into a vacation account the day you're paid. Pay for expenses like airfare or hotels as they come up and cash in your loyalty points. Racking up your credit card to pay for a trip you can't afford will only cause stress that will interrupt sightseeing.

Major travel expenses can easily be slashed in half by travelling in the off season; tour Europe in April versus July.

Or travel to a hidden gem that's largely undiscovered and not a tourist hot spot; visit Croatia versus Italy or stay in the suburbs.

Last minute travel can be booked for a bargain so long as you're flexible on date, destination, flight schedules and accommodations.

Get ready for a hit to your cash

Already looking forward to some southern sun as winter's cold grasp looms? First, some advice

ON MONEY

ALISON GRIFFITHS
MONEY@METRONEWS.CA

The snow (at least in most parts of Canada) hasn't arrived yet but many of you are already scanning the travel pages for winter getaway deals. There's nothing like taking off in the dead of winter to cure the February blues.

But here's the problem: holiday sticker shock. Those advertised all-inclusive resort deals, cruises or ski packages are so tantalizing and seem so darn cheap. But come time to check out the bill that's inflated by extras, and it's suddenly double the price than when you booked.

Make sure you don't underestimate the cost of your trip.

And I'm not even talking about what you might spend on a shopping trip or at the resort gift shop. That financial ouch doesn't hit you until the tan is fading and the credit card bill arrives.

Avoid holiday sticker shock by laying out all your costs. Can you handle it? If not, rethink your holiday. Here are some budget items to consider.

- **Add in tips:** Everything from taxis to room service tips have a way of sneaking up on you. Set aside a cash amount for tips.
- **Figure in upgrades:** Fresh off the plane and eager for the beach or slopes, it is easy to go for the upgrades offered from bigger rooms to VIP service. If you have upgraded in the past add it in to your holiday budget.
- **Taxes:** Many areas have charges beyond the sales tax. Find out ahead of time and add it in.
- **Liquor:** It flows freely, literally, at many resorts and cruises, but if you like a better quality bottle of wine, for example, it will cost you.
- **Sightseeing:** Guided trips are a great way to get to know a destination. If you don't know extra charges in advance contact the resort or tour operator for details.

Interest rates/ Savings accounts

BANK	RATE
BMO	1.35%
CIBC	1.35%
HSBC	1.00%
ING	1.50%
PCF	1.50%
RBC	1.25%
SCOTIA	1.35%
TD	1.25%
ALLY	2.00%

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Big Three making progress for Oilers

Conventional wisdom dictates there are still growing pains to come and a long way to go, but rookies Jordan Eberle, Magnus Paajarvi and Taylor Hall are making their way along the learning curve with the Edmonton Oilers quite nicely.

Nine games into their NHL careers, Eberle, Paajarvi and Hall, dubbed the Big Three by Oilers fans, have been anything but small amid considerable expectations as the youthful focal point of a team in full-on rebuild mode after a 30th-place finish last season.

Eberle leads all rookie scorers with eight points. Paajarvi sits in fifth with six points and Hall, the youngest of the youthful trio, sits 13th with five points after back-to-back two-point games.

The work-in-progress is progressing.

"The important word is progress and they're making it," coach Tom Renney said.

"We're measuring their progress in maybe less significant ways than the general public does in points and those types of things.

"We're looking at their ability to process the game and be a part of it at the same time. Not being a spectator but actually being engaged and involved, and they've all been able to do that."

While the Oilers are off to a modest 3-4-2 start after snapping a six-game losing streak with a 7-4 win against the Chicago Blackhawks to cap a three-game road trip, Eberle, Paajarvi and Hall have impressed.

"I've said it all along that it's about a comfort level, especially as a young guy coming in, and for our team as well," said Hall.

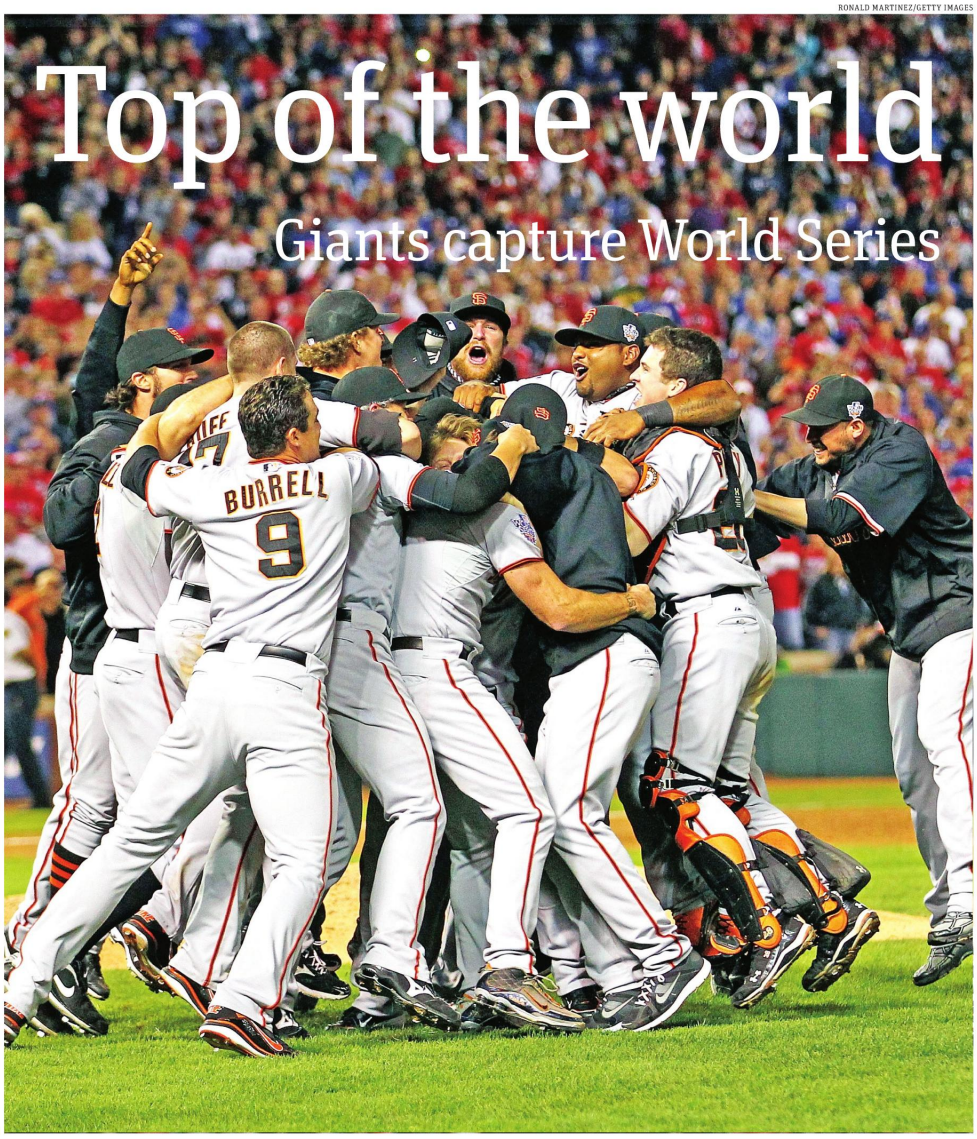
"Against Chicago, the defending Stanley Cup champions, we came out and I thought we deserved to win that game. It was good for our confidence and you could kind of see around the room that everyone was more upbeat."

Eberle, 20, has easily been the best of the three-some with four goals and four assists, including a pair of short-handed goals worthy of nightly reels.

The former Regina Pat, drafted 22nd overall by the Oilers in 2008, is garnering some early talk as a Calder Trophy candidate.

THE CANADIAN PRESS

RONALD MARTINEZ/GETTY IMAGES



Top of the world

Giants capture World Series

3	1
GIANTS	RANGERS

The prize that eluded Willie and Barry at long last belongs to the San Francisco Giants, thanks to a band of self-described castoffs and misfits and their shaggy-haired ace.

Tim Lincecum, Edgar Renteria and the Giants won the World Series on last night, beating the Texas Rangers 3-1 in a tense Game 5 and taking the trophy home to the city by the Bay for the first time.

It was an overdue victory — the Giants last wore the crown in 1954, four years before they moved west. So much for a franchise that never quite got it done in October despite the likes of baseball giants Willie Mays, Barry Bonds and Juan Marichal. It's November, and now new stars stand tall in San Francisco.

"This buried a lot of bones — '62, '89, 2002," Giants general manager Brian Sabean said, ticking off losing Series appearances.

"This group deserved it, faithful from the beginning. We're proud and humbled by the achievement."

Lincecum outduelled Cliff Lee in an every-pitch-matters matchup that was scoreless until Renteria earned the Series MVP award by hitting a stunning three-run homer with two outs in the seventh inning.

Nelson Cruz homered in the bottom half, but Lincecum returned to his wicked self and preserved the lead.

Lincecum won this game of Texas Hold 'em, beating Lee for the second time in a week. The two-time NL Cy Young winner gave up three hits over eight innings and struck out 10.

Brian Wilson closed for a save, completing a surprising romp through the postseason for a pitching-rich team that waited until the final day to clinch a playoff spot.

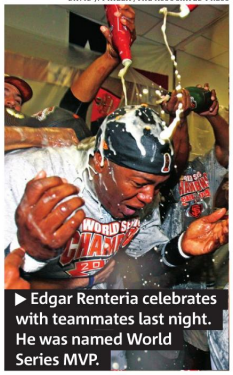
Manager Bruce Bochy enjoys calling his Giants a ragtag bunch. Maybe Cody Ross, Aubrey Huff and Freddy Sanchez fit that description. But the foundation of this club — for now, for the foreseeable future — is totally home grown, built on a deep, talented and young rotation, a rookie catcher with huge star potential and their bearded closer.

"They did all right," Bochy said. "I couldn't be prouder of a group. They played with heart and determination. They weren't going to be denied. My staff, they accepted their roles and had only one mission."

Renteria reprised his role of post-season star. His 11th-inning single ended Game 7 of the 1997 World Series and lifted Florida over Cleveland. Forget that he made the last out in the 2004 Series that finished Boston's sweep of St. Louis — this journeyman's path led to another title, helped by his go-ahead home run in Game 2.

THE ASSOCIATED PRESS

DAVID J. PHILLIP/THE ASSOCIATED PRESS



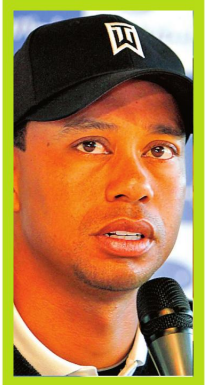
▶ Edgar Renteria celebrates with teammates last night. He was named World Series MVP.

0

The AL champion Rangers became the first team since 1966 to get shut out twice in a World Series, with big hitters Josh Hamilton, Vladimir Guerrero and Nelson Cruz left taking half-swings or flailing wildly.

4 sports

Quoted



"As far as the emotions go, it is what it is. To become No. 1 you have to win and win a lot to maintain it. That's the way it goes."

TIGER WOODS ON LOSING HIS NO. 1 SPOT IN THE GOLF RANKINGS AFTER HOLDING IT FOR 281 WEEKS.

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NHL

EASTERN CONFERENCE

	GP	W	L	OTL	SL	GF	GA	Pts	Home	Away	Last 10	Strk
d-Tampa Bay	10	7	2	1	0	35	30	15	3-1-1-0	4-1-0-0	7-2-1-0	W2
d-Montreal	11	7	3	1	0	29	25	15	3-2-1-0	4-1-0-0	7-2-1-0	L1
d-Philadelphia	12	7	4	1	0	37	29	15	5-3-0-0	2-1-1-0	6-4-0-0	W4
Washington	11	7	4	0	0	34	25	14	4-1-0-0	3-3-0-0	7-3-0-0	W1
NY Rangers	11	6	4	1	0	34	32	13	2-3-1-0	4-1-0-0	5-4-1-0	W2
Pittsburgh	12	6	5	1	0	35	28	13	2-4-0-0	4-1-1-0	6-3-1-0	W1
Boston	8	6	2	0	0	24	11	12	2-2-0-0	4-0-0-0	6-2-0-0	W2
Atlanta	11	5	4	1	1	36	40	12	2-2-0-0	3-2-1-1	4-4-1-1	L1
Toronto	10	5	4	1	0	23	23	11	3-2-1-0	2-2-0-0	5-4-1-0	L2
Carolina	11	5	6	0	0	27	33	10	1-2-0-0	4-4-0-0	4-6-0-0	L2
NY Islanders	11	4	5	1	1	31	37	10	2-1-0-1	2-4-1-0	4-5-1-0	L4
Ottawa	11	4	6	1	0	26	35	9	3-3-0-0	1-3-1-0	4-5-1-0	L1
Florida	9	4	5	0	0	24	21	8	2-1-0-0	2-4-0-0	4-5-0-0	W1
Buffalo	12	3	7	2	0	30	38	8	0-4-1-0	3-3-1-0	2-6-2-0	L3
New Jersey	12	3	8	1	0	20	39	7	0-4-1-0	3-4-0-0	3-7-0-0	L1

WESTERN CONFERENCE

	GP	W	L	OTL	SL	GF	GA	Pts	Home	Away	Last 10	Strk
d-Los Angeles	11	8	3	0	0	34	25	16	4-0-0-0	4-3-0-0	7-3-0-0	W2
d-Chicago	14	7	6	1	0	41	40	15	4-4-0-0	3-2-1-0	6-4-0-0	L1
d-Colorado	11	6	4	1	0	39	39	13	2-2-0-0	4-2-1-0	5-4-1-0	W2
St. Louis	9	6	1	1	1	26	17	14	5-0-0-0	1-1-1-1	6-1-1-1	W4
Detroit	9	6	2	0	1	30	24	13	4-1-0-1	2-1-0-0	6-2-0-1	W1
Nashville	10	5	2	3	0	23	25	13	2-1-3-0	3-1-0-0	5-2-3-0	L2
Dallas	10	6	4	0	0	32	27	12	3-3-0-0	3-1-0-0	6-4-0-0	W1
Columbus	10	6	4	0	0	24	29	12	3-3-0-0	3-1-0-0	6-4-0-0	L1
Calgary	11	6	5	0	0	33	34	12	4-3-0-0	2-2-0-0	6-4-0-0	L2
San Jose	9	5	3	1	0	29	25	11	2-2-1-0	3-1-0-0	5-3-1-0	W2
Vancouver	9	4	3	0	2	24	24	10	4-0-0-1	0-3-0-1	4-3-0-2	W2
Minnesota	10	4	4	0	2	26	27	10	3-3-0-1	1-1-0-1	4-4-0-2	L1
Phoenix	10	3	4	3	0	23	39	9	1-2-2-0	2-2-1-0	3-4-3-0	L1
Anaheim	12	4	7	0	1	29	42	9	2-1-0-1	2-6-0-0	4-5-0-1	L2
Edmonton	9	3	4	0	2	28	33	8	2-2-0-0	1-2-0-2	3-4-0-2	W1

d — division leaders ranked 1-2-3 regardless of points; a team winning in overtime or shootout is credited with two points and a victory in the W column; the team losing in overtime or shootout receives one point which is registered in the OTL (overtime loss) or SL (shootout loss) column.

Last night's results
N.Y. Rangers 3 Chicago 2
Philadelphia 3 Carolina 2
New Jersey at Vancouver
Tonight's games
(All times Eastern)
Ottawa at Toronto, 7 p.m.
Montreal at Columbus, 7 p.m.
San Jose at Minnesota, 8 p.m.
Vancouver at Edmonton, 9 p.m.
Tomorrow's games
Boston at Buffalo, 7 p.m.
Toronto at Washington, 7 p.m.
N.Y. Islanders at Carolina, 7 p.m.
Atlanta at Florida, 7:30 p.m.
New Jersey at Chicago, 8:30 p.m.
Pittsburgh at Dallas, 8:30 p.m.
Detroit at Calgary, 9:30 p.m.
Nashville at Phoenix, 10 p.m.
Tampa Bay at Anaheim, 10 p.m.
Thursday's games
N.Y. Rangers at Philadelphia, 7 p.m.
Columbus at Atlanta, 7 p.m.
N.Y. Islanders at Ottawa, 7:30 p.m.
San Jose at St. Louis, 8 p.m.
Vancouver at Colorado, 9 p.m.
Tampa Bay at Los Angeles, 10:30 p.m.

SCORING LEADERS

	G	A	PT
Stamkos, TB	9	10	19
C.Stewart, Col	9	7	16
Sharp, Chi	10	5	15
Crosby, Pgh	6	9	15
J.Thornton, SJ	5	10	15
Getzlaf, Ana	4	11	15
B.Richards, Dal	3	11	14
Ovechkin, Wash	7	6	13
Roy, Buf	6	7	13
Heatley, SJ	5	8	13
P.Stastny, Col	5	8	13
D.Sedin, Vcr	7	5	12
Alfredsson, Ott	6	6	12
Perry, Ana	5	7	12
Selanne, Ana	5	7	12
St. Louis, TB	5	7	12
Hejduk, Col	4	8	12
Ladd, Atl	4	8	12
Zetterberg, Det	3	9	12
Hossa, Chi	7	4	11
Datsyuk, Det	6	5	11
Giroux, Pha	6	5	11
Semin, Wash	6	5	11
J.Williams, LA	5	6	11
Callahan, NYR	4	7	11
Marleau, SJ	4	7	11
P.Kane, Chi	3	8	11
M.Koivu, Minn	3	8	11
Letang, Pgh	3	8	11
Wisniewski, NYI	2	9	11
Lidstrom, Det	1	10	11
Liles, Col	0	11	11
H.Sedin, Vcr	0	11	11
Kostitsyn, Mtl	6	4	10
Neal, Dal	5	5	10
Plekanec, Mtl	5	5	10
Backstrom, Wash	4	6	10
Byfuglien, Atl	4	6	10
Stoll, LA	4	6	10
Morrison, Cal	3	7	10
Cullen, Minn	3	7	10
Enstrom, Atl	2	8	10
Keith, Chi	1	9	10
Kessel, Tor	7	2	9
R.Bourque, Cal	6	3	9
J.Carter, Pha	5	4	9
Dubinsky, NYR	5	4	9
Eriksson, Dal	5	4	9
Horton, Bos	5	4	9
Ryan, Ana	4	5	9
Kopitar, LA	3	6	9
Malkin, Pgh	3	6	9
Toews, Chi	3	6	9
Bertuzzi, Det	2	7	9
Duchene, Col	2	7	9
Krejci, Bos	2	7	9
Leino, Pha	2	7	9
Oshie, StL	1	8	9
M.Richards, Pha	1	8	9
Ribeiro, Dal	0	9	9
Whitney, Edm	0	9	9
Briere, Pha	6	2	8
Franzen, Det	6	2	8
E.Kane, Atl	6	2	8
MacArthur, Tor	6	2	8
Tavares, NYI	6	2	8
Booth, Fla	4	4	8
Eberle, Edm	4	4	8
Hemsky, Edm	4	4	8
Horcoff, Edm	4	4	8
Lucic, Bos	4	4	8
Moulson, NYI	4	4	8
A.Stewart, Atl	4	4	8
Tanguay, Cal	4	4	8
Corneau, NYI	3	5	8
Goligoski, Pgh	3	5	8

Not including last night's games

MLB

2010 POSTSEASON

WORLD SERIES
(All times Eastern)
Texas (AL) vs. San Francisco (NL)
(San Francisco wins series 4-1)
Last night's result
San Francisco 3 Texas 1
Sunday's result
San Francisco 4 Texas 0
Saturday's result
Texas 4 San Francisco 2

WORLD SERIES CHAMPIONS
2010-San Francisco Giants (NL)
2009-N.Y. Yankees (AL)
2008-Philadelphia Phillies (NL)
2007-Boston Red Sox (AL)
2006-St. Louis Cardinals (NL)
2005-Chicago White Sox (AL)
2004-Boston Red Sox (AL)
2003-Florida Marlins (NL)
2002-Anaheim Angels (AL)
2001-Arizona Diamondbacks (NL)

WORLD SERIES MVPS
2010-Edgar Renteria, San Francisco (NL)
2009-Hideki Matsui, New York (AL)
2008-Cole Hamels, Philadelphia (NL)
2007-Mike Lowell, Boston (AL)
2006-David Eckstein, St. Louis (NL)
2005-Jermaine Dye, Chicago (AL)
2004-Manny Ramirez, Boston (AL)
2003-Josh Beckett, Florida (NL)
2002-Troy Glaus, Anaheim (AL)
2001-Curt Schilling and Randy Johnson, Arizona (NL)

GIANTS 3, RANGERS 1

San Francisco	ab	r	h	bi	Texas	ab	r	h	bi
ATorrs rf	4	0	1	0	Andrus ss	4	0	0	0
FSnchz 2b	4	0	1	0	MYong 3b	4	0	1	0
Posey c	4	0	2	0	JHmltn cf	4	0	0	0
C.Ross lf	4	1	1	0	Guerrr dh	4	0	0	0
Uribe 3b	4	1	1	0	N.Cruz rf	4	1	1	1
A.Huff 1b	3	0	0	0	Kinsler 2b	2	0	0	0
Burrell dh	4	0	0	0	DvMrp lf	3	0	0	0
Renteri ss	3	1	1	3	BMolin c	3	0	0	0
Rownd cf	3	0	0	0	MorInd 1b	2	0	1	0
Totals	**33**	**3**	**7**	**3**	**Totals**	**30**	**1**	**3**	**1**

San Francisco	000	000	300	3
Texas	000	000	100	1

E—Moreland (1). DP—Texas 1. LOB—San Francisco 4, Texas 4. HR—Renteria (2), N.Cruz (1). S—A.Huff.

	IP	H	R	ER	BB	SO
San Francisco						
Lincecum W,2-0	8	3	1	1	2	10
Br.Wilson S,1-1	1	0	0	0	0	2
Texas						
Cl.Lee L,0-2	7	6	3	3	0	6
N.Feliz	2	1	0	0	0	2

Umpires—Home, Jeff Kellogg; First, Gary Darling; Second, John Hirschbeck; Third, Sam Holbrook; Right, Mike Winters; Left, Bill Miller.
T—2:32. A—52,045 (49,170)
at Arlington, Texas.

CFL

WEEK 19

EAST DIVISION

	GP	W	L	T	PF	PA	Pt
y-Montreal	17	12	5	0	517	445	24
x-Hamilton	17	9	8	0	460	427	18
x-Toronto	17	8	9	0	343	438	16
Winnipeg	17	4	13	0	432	450	8

WEST DIVISION

	GP	W	L	T	PF	PA	Pt
y-Calgary	17	12	5	0	591	427	24
x-Saskatchewan	17	9	8	0	466	465	18
Edmonton	17	7	10	0	359	514	14
B.C.	17	7	10	0	443	445	14

x — clinched playoff berth.
y — clinched division title.
Friday's game
(All times Eastern)
Calgary at Winnipeg, 8 p.m.
Saturday's games
B.C. at Hamilton, 2 p.m.
Edmonton at Saskatchewan, 7 p.m.
Sunday's game
Toronto at Montreal, 4 p.m.
End of CFL Regular Season

TRANSACTIONS

BASEBALL

MLB
AMERICAN LEAGUE
CLEVELAND INDIANS — Assigned C Luke Carlin outright to Columbus (IL).
OAKLAND ATHLETICS — Promoted bullpen coach Ron Romanick to pitching coach.
TEXAS RANGERS — Removed RHP Alexi Ogando from the World Series roster. Added RHP Dustin Nippert to the World Series roster.
NATIONAL LEAGUE
PHILADELPHIA PHILLIES — Announced first-base coach Davey Lopes will not return next season.

BASKETBALL

NBA
ATLANTA HAWKS — Agreed to terms with C Al Horford on a five-year contract extension.
MINNESOTA TIMBERWOLVES — Exercised fourth-year contract options on F Michael Beasley, F Kevin Love and C Kosta Koufos and third-year contract options on G Jonny Flynn and G Wayne Ellington. Declined to offer a contract extension to F Corey Brewer, making him a restricted free agent at the end of this season.

FOOTBALL

NFL
CAROLINA PANTHERS — Signed G C.J. Davis to the practice squad. Released C Adrian Martinez from the practice squad.

HOCKEY

NHL
LEAGUE OFFICE — Suspended Philadelphia F Danny Briere three games for his crosscheck against N.Y. Islanders C Frans Nielsen during Saturday's game.
ANAHEIM DUCKS — Recalled C Nick Bonino from Syracuse (AHL).
BOSTON BRUINS — Recalled F Brian McGrattan from a conditioning assignment at Providence (AHL).
CHICAGO BLACKHAWKS — Activated D Brian Campbell from injured reserve. Placed F Dave Bolland on injured reserve.
DETROIT RED WINGS — Assigned D Doug Janik to Grand Rapids (AHL).
NASHVILLE PREDATORS — Reassigned F Linus Klasen to Milwaukee.
OTTAWA SENATORS — Re-assigned G Robin Lehner to Binghamton (AHL).
TAMPA BAY LIGHTNING — Recalled D Matt Roy from Norfolk (AHL).

NBA

EASTERN CONFERENCE

ATLANTIC DIVISION	W	L	Pct	GB
Boston	2	1	.667	—
New Jersey	2	1	.667	—
Toronto	1	1	.500	½
New York	1	2	.333	1
Philadelphia	0	3	.000	2
SOUTHEAST DIVISION				
Atlanta	3	0	1.000	—
Miami	3	1	.750	½
Orlando	1	1	.500	1½
Washington	0	2	.000	2½
Charlotte	0	3	.000	3
CENTRAL DIVISION				
Chicago	2	1	.667	—
Indiana	2	1	.667	—
Cleveland	1	2	.333	1
Milwaukee	1	2	.333	1
Detroit	0	3	.000	2

WESTERN CONFERENCE

SOUTHWEST DIVISION	W	L	Pct	GB
New Orleans	3	0	1.000	—
Dallas	2	1	.667	1
Memphis	2	1	.667	1
San Antonio	1	1	.500	1½
Houston	0	3	.000	3
NORTHWEST DIVISION				
Portland	3	1	.750	—
Denver	2	1	.667	½
Oklahoma City	2	1	.667	½
Minnesota	1	2	.333	1½
Utah	1	2	.333	1½
PACIFIC DIVISION				
L.A. Lakers	3	0	1.000	—
Golden State	2	1	.667	1
Sacramento	2	1	.667	1
Phoenix	1	2	.333	2
L.A. Clippers	0	3	.000	3

Last night's results
Chicago 110, Portland 98
Toronto at Sacramento
San Antonio at L.A. Clippers
Sunday's results
Miami 101, New Jersey 78
Dallas 99, L.A. Clippers 83
Utah 120, Oklahoma City 99
L.A. Lakers 107, Golden State 83
Tonight's games
(All times Eastern)
Atlanta at Cleveland, 7 p.m.
Philadelphia at Washington, 7 p.m.
Boston at Detroit, 7:30 p.m.
Minnesota at Miami, 7:30 p.m.
Orlando at New York, 7:30 p.m.
Portland at Milwaukee, 8 p.m.
Memphis at L.A. Lakers, 10:30 p.m.

SOCCER

ENGLAND

PREMIER LEAGUE
Yesterday's result
Blackpool 2 West Bromwich Albion 1

SPAIN

LA LIGA
Last night's result
Mallorca 2, Levante 1

EUROPEAN CHAMPIONS LEAGUE
FIRST ROUND
(All teams Eastern)
Top two teams in each group advance
THIRD-PLACE TEAMS ADVANCE TO EUROPA LEAGUE
(home teams listed first)
Group A
Today's games
Werder Bremen vs. Twente, 3:45 p.m.
Tottenham vs. Inter Milan, 3:45 p.m.
Group B
Today's games
Hapoel Tel-Aviv vs. Schalke, 3:45 p.m.
Schalke vs. Lyon, 3:45 p.m.
Group C
Today's games
Bursaspor vs. Manchester United, 3:45 p.m.
Valencia vs. Glasgow Rangers, 3:45 p.m.
Group D
Today's games
Rubin Kazan vs. Panathinaikos, 1:30 p.m.
Copenhagen vs. Barcelona, 3:45 p.m.
Group E
Tomorrow's games
Basel vs. AS Roma, 3:45 p.m.
Cluj vs. Bayern Munich, 3:45 p.m.
Group F
Tomorrow's games
Chelsea vs. Spartak Moscow, 3:45 p.m.
Zilina vs. Marseille, 3:45 p.m.
Group G
Tomorrow's games
Auxerre vs. Ajax, 3:45 p.m.
AC Milan vs. Real Madrid, 3:45 p.m.
Group H
Tomorrow's games
Partizan Belgrade vs. Braga, 3:45 p.m.
Shakhtar Donetsk vs. Arsenal, 3:45 p.m.

NFL

AMERICAN CONFERENCE

EAST	W	L	T	Pct	PF	PA
New England	6	1	0	.857	205	154
N.Y. Jets	5	2	0	.714	159	110
Miami	4	3	0	.571	133	149
Buffalo	0	7	0	.000	131	211
SOUTH						
Indianapolis	5	2	0	.714	193	142
Tennessee	5	3	0	.625	224	150
Houston	4	3	0	.571	170	197
Jacksonville	4	4	0	.500	165	226
NORTH						
Baltimore	5	2	0	.714	149	129
Pittsburgh	5	2	0	.714	147	102
Cleveland	2	5	0	.286	118	142
Cincinnati	2	5	0	.286	146	163
WEST						
Kansas City	5	2	0	.714	163	122
Oakland	4	4	0	.500	212	168
San Diego	3	5	0	.375	210	174
Denver	2	6	0	.250	154	223

NATIONAL CONFERENCE

EAST	W	L	T	Pct	PF	PA
N.Y. Giants	5	2	0	.714	175	153
Philadelphia	4	3	0	.571	172	157
Washington	4	4	0	.500	155	170
Dallas	1	6	0	.143	154	187
SOUTH						
Atlanta	5	2	0	.714	169	133
Tampa Bay	5	2	0	.714	136	163
New Orleans	5	3	0	.625	167	148
Carolina	1	6	0	.143	85	150
NORTH						
Green Bay	5	3	0	.625	176	136
Chicago	4	3	0	.571	126	114
Minnesota	2	5	0	.286	129	144
Detroit	2	5	0	.286	183	165
WEST						
Seattle	4	3	0	.571	123	140
St. Louis	4	4	0	.500	140	141
Arizona	3	4	0	.429	133	198
San Francisco	2	6	0	.250	137	178

WEEK EIGHT
Byes: N.Y. Giants, Philadelphia, Chicago, Atlanta, Baltimore, Cleveland
Last night's result
Indianapolis 30 Houston 17
Sunday's results
Detroit 37 Washington 25
Green Bay 9 N.Y. Jets 0
Jacksonville 35 Dallas 17
Kansas City 13 Buffalo 10 (OT)
Miami 22 Cincinnati 14
New England 28 Minnesota 18
New Orleans 20 Pittsburgh 10
Oakland 33 Seattle 3
San Diego 33 Tennessee 25
St. Louis 20 Carolina 10
Tampa Bay 38 Arizona 35
At London, England
San Francisco 24 Denver 16

WEEK NINE
Byes: Denver, Jacksonville, San Francisco, St. Louis, Tennessee, Washington
Sunday, Nov. 7
(All times Eastern)
Chicago vs. Buffalo (at Toronto), 1 p.m.
N.Y. Jets at Detroit, 1 p.m.
Miami at Baltimore, 1 p.m.
San Diego at Houston, 1 p.m.
Tampa Bay at Atlanta, 1 p.m.
New Orleans at Carolina, 1 p.m.
New England at Cleveland, 1 p.m.
Arizona at Minnesota, 1 p.m.
N.Y. Giants at Seattle, 4:05 p.m.
Kansas City at Oakland, 4:15 p.m.
Indianapolis at Philadelphia, 4:15 p.m.
Dallas at Green Bay, 8:20 p.m.
Monday, Nov. 8
Pittsburgh at Cincinnati, 8:30 p.m.

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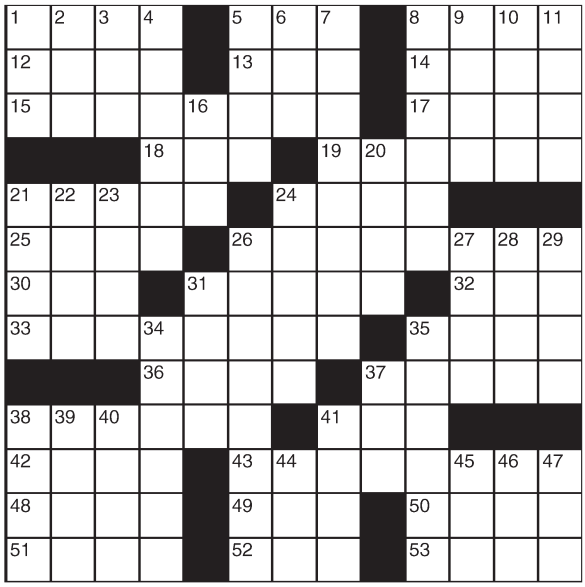
Crossword



Across
1 Bridge
5 Depressed
8 Break suddenly
12 Greek vowel
13 Overseas agreement?
14 Story
15 "USA Today" graphic, often
17 React to yeast
18 Scenery chewer
19 His work is fitting
21 Remained upright
24 Ailing
25 Cookware
26 2003 Celine Dion album
30 Performance
31 Win by —
32 Pool stick
33 Joined (in)
35 Sherilyn of "Twin Peaks"
36 For fear that
37 Rosters
38 Open out, as a flag
41 Depilation method
42 Protein source
43 Priced separately
48 Mercedez-—
49 Bottom line
50 Blue hue
51 Wild revelry
52 Preschooler
53 Nervous

Down
1 Taste the tea
2 Luau bowlful
3 Dined on
4 Chips served with salsa
5 Clayey soil
6 Lord's Prayer start
7 Most likely to make a pun
8 Hit
9 Hammer's target
10 As well
11 Equal
16 Possessed
20 Rue the run
21 Lovers' quarrel
22 Mexican entree
23 Aware of
24 Quick drink
26 Tilted
27 Experts
28 Little one
29 Change for a C-note
31 Mimic
34 Hardly agile
35 Concentrate (on)
37 Fond du —, WI
38 Knob on a shield
39 — -do-well
40 Venom spout
41 Power measure
44 Writer Buscaglia
45 Crimson
46 Playground game
47 Actor Ron

▶ Yesterday's answer

E	R	A	■	J	A	S	O	N	■	B	R	A		
L	I	D	■	A	G	O	R	A	■	E	E	L		
F	O	O	T	B	A	L	L	S	■	G	E	L		
■	■	■	O	B	I	■	O	S	S	I	F	Y		
B	A	T	T	E	N	■	N	E	O	N	■	■		
O	U	R	■	D	S	L	■	R	U	N	T	S		
O	R	E	S	■	T	A	D	■	P	E	R	E		
N	A	A	C	P	■	M	E	W	■	R	U	N		
■	■	S	U	E	S	■	B	A	S	S	E	T		
A	L	U	M	N	A	■	A	S	P	■	■	■		
F	O	R	■	P	U	R	C	H	A	S	E	S		
R	O	E	■	A	N	G	L	E	■	A	B	E		
O	P	S	■	L	A	S	E	R	■	P	B	A		

Sudoku

		1			6			4
6				2				
		7				8	5	
9			6	4				7
3			2		9			5
2				5	3			9
	9	6				7		
				1				3
7			8			1		

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's answer ▶

3	9	6	4	1	2	5	7	8
4	1	7	8	9	5	6	2	3
2	5	8	7	3	6	9	1	4
5	8	4	3	2	1	7	9	6
1	6	2	9	7	8	3	4	5
7	3	9	6	5	4	1	8	2
9	4	1	5	8	3	2	6	7
8	2	3	1	6	7	4	5	9
6	7	5	2	4	9	8	3	1

Send a KISS

Show some love! Send a note to somebody special at kiss@metronews.ca

Hi Germy, You smile and shiny head light up my Friday mornings. Can't wait to do more crosswords with you. Kiss, **CAROLINE**

Hey Jables, Happy Birthday my love :) Can't wait to see you tonight. **SKITTLEZ**

I was nothing before i met you and you made me become everything. You make me happier than i thought i could ever be. With whole heart, love you **SUE**

To the love of my life(RWR), It took years to find you, though we have only been together for a short time, you just know when it's right. I love you endlessly, and you make my day worthwhile. Your charm, and personality has made me fall deeply in love with you each day. It's going to be a wonderful life with you lovey! Your honey of a bunny. **LB**

A look at the weather

TODAY	WEDNESDAY	THURSDAY
Min 2° Max 14°	Min -1° Max 12°	Min -2° Max 15°

Andrew Schultz, Meteorologist
"I get to spread the word on how your day, evening or weekend will shape up with our ever-changing weather here in Alberta". **WEEKDAYS 6AM**

BT BREAKFAST TELEVISION

For today's crossword answers and for expanded horoscopes, go to metronews.ca

Today's horoscope

♈ Aries March 21-April 20 Your generosity knows no bounds. But does everyone who needs your help really deserve it? Save your best for those who do.

♉ Taurus April 21-May 21 The message of the stars today is that you must not hold grudges, not even if you know you've been cheated. Forgive and forget — not for other people's emotional benefit but for your own.

♊ Gemini May 22-June 21 There may be nothing you cannot do at the moment, but just because there is nothing you cannot do does not mean you have to do everything. Perform only those tasks that are cost efficient in terms of time and energy.

♋ Cancer June 22-July 22 You will lighten up considerably and get more enjoyment out of life. There is a deeply loving side to the Cancer nature — a side that must not be ignored.

♌ Leo July 23-Aug.23 No matter how busy you might be at the moment you must make time for your nearest and dearest. There will rarely be a better time to let loved ones know just how much you care for them. Don't just say it — prove it.

♍ Virgo Aug. 24- Sept. 22 Some people like to chatter away for no good reason but you consider that a complete waste of time, and anyone who tries to interest you in idle gossip today must be told in no uncertain terms to desist. Be brutal.

♎ Libra Sept. 23-Oct. 23 Something bright and sparkly will catch your eye today and no matter how much it costs you've just got to have it. If you've got the cash to spare by all means go for it, but don't borrow to pay for it.

♏ Scorpio Oct. 24-Nov. 22 Do whatever it takes to avoid arguments and disagreements, both at home and at work. The last thing you want right now is to waste your precious time and energy on ego clashes.

♐ Sagittarius Nov. 23-Dec. 21 If you need to get away from the social whirl and be alone with your thoughts for a while then just do it. You don't have to ask anyone's permission..

♑ Capricorn Dec. 22-Jan. 20 Get out and about and take a bigger part in the world. There are people out there crying out for your leadership skills. Would you deny them?

♒ Aquarius Jan. 21-Feb. 18 As far as some people are concerned you can do no wrong, but in a way that's dangerous because you are human like everyone else and if you make a mistake it will disillusion them.

♓ Pisces Feb. 19-March 20 You are finding it a lot easier to relax now the Sun is moving through one of the more positive areas of the sky, but don't relax so much that you switch off completely. Keep your wits about you. There's money to be made. **SALLY BROMPTON**

Caption contest

BULLIT MARQUEZ/THE ASSOCIATED PRESS

WIN!

You write it!

Write a funny caption for the image to the right and send it to play@metronews.ca — the winning caption will be published in tomorrow's Metro.

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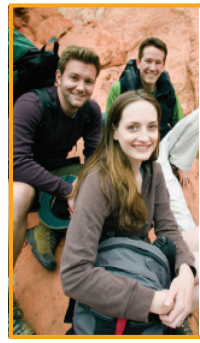

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AIR CANADA VACATIONS

Deals of the week

DOMINICAN REPUBLIC

Samana via Toronto

Grand Paradise Samana • 3 1/2★
All-Inclusive • Superior garden rm.
Nov. 7 – 28 • 1 wk.
$499
+Taxes & other fees: $324

Gran Bahia Principe El Portillo • 4 1/2★
All-Inclusive • Standard rm.
Nov. 7 – 28 • 1 wk.
PRIVILEGES
$599
+Taxes & other fees: $324

GRENADA via Toronto

Grenadian by rex resorts • 3 1/2★
All-Inclusive
Hillside rm.
Dec. 18 • 1 wk.
$1529
+Taxes & other fees: $245

MEXICO

Puerto Vallarta/Riviera Nayarit

Canto del Sol Plaza Vallarta • 3 1/2★
All-Inclusive
Standard rm.
Nov. 13 – 27 • 1 wk.
$699
+Taxes & other fees: $283

Ixtapa/Zihuatanejo

Krystal Ixtapa • 4★
All-Inclusive
Deluxe rm.
Jan. 8, 22 & 29 • 1 wk.
$1039
+Taxes & other fees: $282

CUBA

Varadero

Meliá Varadero • 4★
All-Inclusive • Standard rm.
Nov. 14 – Dec. 5 • 1 wk.
$1549
+Taxes & other fees: $228

JAMAICA

Sunset Jamaica Grande Resort & Spa • 4★
All-Inclusive
Traditional standard rm.
Dec. 20 • 1 wk.
FREE upgrade to oceanfront rm.
PRIVILEGES
$1329
+Taxes & other fees: $281

Gran Bahia Principe Jamaica • 4 1/2★
All-Inclusive • Junior suite
Dec. 20 • 1 wk.
PRIVILEGES
$1449
+Taxes & other fees: $281

CUBA

Santa Clara

Royal Hideaway Ensenachos • 5★
All-Inclusive
Royal spa premium rm.
Dec. 25 • 1 wk.
PRIVILEGES
$1749
+Taxes & other fees: $228

USA

Phoenix

Hotel Indigo Scottsdale • 3★
Continental breakfast
Standard rm.
Dec 1 – 9 • 3 nts.
$599
+Taxes & other fees: $133

CRUISE

Celebrity Cruises[1]

Celebrity Summit℠
Southern Caribbean Cruise
Flight to San Juan via Toronto
Interior stateroom, cat. 9
Jan. 8 • 1 wk.
$1069
+Taxes & other fees: $280

REAL RESORTS

MEXICO

Cancun/Riviera Maya

Gran Caribe Real Resort & Spa • 4 1/2★
All-Inclusive • Junior suite
Jan. 9 • 1 wk.
$1469
+Taxes & other fees: $290

Gran Porto Real Resort & Spa • 4★
All-Inclusive • Standard rm.
Jan. 9 • 1 wk.
$1699
+Taxes & other fees: $290

Midnight RUSH

One mystery destination from Mexico or the Caribbean will be on SUPER SALE Thursday at MIDNIGHT (ET) to Friday at 9 a.m. (ET)

Only on aircanadavacations.com

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All travellers, foreign and Cubans living abroad, must have a medical insurance policy when travelling to Cuba. Departure taxes are extra and must be paid locally: Costa Rica, 26 USD cash; Cuba, 25 CUC cash. Prices in this ad are in Canadian dollars and are valid for bookings made between Nov. 2 & 6, 2010, inclusive. Prices are per person based on double occupancy, unless otherwise stated, from Calgary International Airport. Air & Hotel packages to the Caribbean, Cuba, Costa Rica and Mexico include return flight, the hotel as described and transfers at destination. Air & Cruise vacations include return flight and the cruise as described. Vacations to Europe and the USA include return flight and hotel as described. New bookings only. For dates shown only. Non-refundable. Limited quantity. Subject to availability at time of booking. Not applicable to group bookings. Sale prices reflect applicable reductions, are subject to change without notice and cannot be combined with any other offer or promotion. Further information available from a travel agent. Flights operated by Air Canada. For applicable terms and conditions, consult the Air Canada Vacations brochures or www.aircanadavacations.com. †Unless otherwise indicated, Aeroplan Miles indicated are based on roundtrip Economy class per passenger from Calgary to Grenada via Toronto, are awarded on flight-inclusive travel only, and are per Aeroplan member. For the amount of Aeroplan Miles that can be earned when flying to other destinations, visit www.aircanadavacations.com. For terms and conditions of the Aeroplan program, consult www.aeroplan.com. ■ [1]Celebrity Cruises Inc. ships' registry: Malta and Ecuador. [2]Available in conjunction with flight-inclusive packages. Non-stop flights via Vancouver. Excluding USA & Europe destinations. ■ ®Aeroplan is a registered trademark of Aeroplan Canada Inc. ®Air Canada Vacations is a registered trademark of Air Canada, used under license by Touram Limited Partnership. Visit www.aircanadavacations.com for up-to-date information.